

bread with olive oil & balsamic	2.95
marinated olives	2.95
starters	
soup of the day with crusty granary or garlic bread	4.95
char grilled halloumi heritage tomato salad	6.50
smoked haddock arancini horseradish creme fraiche	6.75
pan fried king prawn garlic & chilli butter, warm flatbread	6.95
slow roasted confit duck warm lentil salad	6.95
salt & pepper squid with sweet chilli, coriander & lime	6.95
chorizo & sweet potato cake soft poached egg	6.25
steamed mussels white wine, cream & garlic or spicy tomato sauce crusty granary bread	7.75
caffe pasta taste plate a selection of tastes & flavours from the kitchen with warm flat bread	6.95

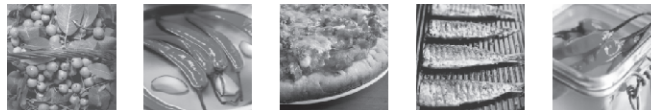


**10% discount on
take aways**

gourmet sour dough pizzas

margherita tomato, mozzarella & fresh basil	9.50
tropical ham, pineapple & mozzarella	9.95
fiorentina spinach, black olives, free range egg & parmesan	10.25
mediterranean roast mediterranean vegetables with goats cheese & basil pesto	10.95
hot & spicy nduja sausage, pepperoni, roasted peppers & red onion	10.95
seafood king prawns, mussels & anchovies	11.50
crispy chinese duck hoi sin sauce, cheddar cheese, spring onion & cucumber	11.50
pizza calzone folded over pizza with pepperoni, proscuitto, chorizo & beef ragu	10.95
spicy chicken cajun spiced chicken with red onion, coriander & creme fraiche	10.95
cardinale ham, chestnut mushrooms, goats cheese, & mozzarella	10.25
capriciosa parma ham, egg, anchovies, roasted peppers, olives & capers	11.25
fillet steak & blue cheese caramelised onion & wild rocket	11.95

extra toppings 1.50



cornish steaks

char grilled prime cornish beef
chunky fries .

cornish fillet steak	18.95
cornish sirloin steak	16.95
pepper sauce / sautéed mushrooms	2.25

fresh pasta dishes

classic beef ragu fresh pasta & parmesan cheese	9.25
carbonara cornish smoked bacon, chestnut mushrooms, garlic, free range egg	9.95
crab linguini fresh chilli, garlic & lemon	12.95
cajun chicken tagliatelle red onion, peppers, chilli	10.95
traditional lasagne fries or garlic bread	10.95
chicken & tarragon tagliatelle pan fried chicken in a cream & tarragon sauce	10.95
spinach & ricotta lasagne fries or garlic bread	10.95
crab & prawn pasta bake local crab, prawns & penne pasta with a parmesan crust	11.95
roasted mediterranean vegetable linguini basil pesto & fetta	11.95
salmon & dill tagliatelle seared salmon in a dill, garlic & cream sauce	10.95

side orders

garlic bread	2.50
garlic & parmesan ciabatta	3.50
french fries	2.50
mozzarella & tomato salad	4.95
warm flat bread with sea salt & olive oil	2.95
mixed salad	3.95
greek salad	4.95
homemade coleslaw	1.95



red wine

	175ml	250ml	bottle
nero d'avola ca di ponti - italy full flavoured, juicy red that is perfect with pizza	3.95	5.50	16.00
pez de rio tempranillo merlot - spain smooth, easy drinking with dark cherry & forest fruit flavours	4.65	6.50	18.50
camino de la cabana merlot - chile elegant ripe plum, cherry vanilla & blackberry flavours	4.75	6.75	19.00
statua negroamaro - italy one of our favourites ! intense spicy ripe red fruit with cherry aromas			21.00
conviviale montepulciano d'abruzzo - italy ripe rounded rustic italian red bursting with flavour great with pasta			22.00
kaiken malbec - argentina with subtle hints of vanilla this is a rich smooth classic malbec			28.00
amatore rosso verona - italy a stunning bottle of wine. with rich, ripe fruit flavours & soft tannins			26.00

rosé wine

	175ml	250ml	bottle
ancora pinot grigio rosé - italy fresh summer berry fruits with a delicious soft finish	4.65	6.50	18.50

white wine

	175ml	250ml	bottle
grillo ca di ponti - italy hints of tropical fruit with a clean citrus finish	3.95	5.50	16.00
pez de rio macabeo sauvignon - spain floral & aromatic with fresh flavours of citrus & apple	4.65	6.50	18.50
re paolo fiano - italy bright, aromatic, crisp & fresh bursting with vibrant citrus fruit flavours			20.00
villa dei fiori pecorino - italy with delicate floral aromas & fresh citrus fruit flavours this is a great example of this italian classic			23.00
pinot grigio il caggio - italy bright & crisp acidity with good depth of flavour	5.25	7.25	21.00
cloud factory sauvignon blanc - n.z. classic marlborough sauvignon with subtlety & balance	5.95	8.45	24.00
prosecco di maria - italy light & crisp sparkling white with a delicate refreshing style	7.95	28.00	

bottled beer

peroni nastro azzuro - italy premium quality export italian beer with a well balanced flavour	3.75
estrella damm - spain this iconic beer with it's clean, crisp flavour is a favourite the world over	3.75
harbour brewery IPA cornish ale - u.k. award winning bitter with distinctive aroma & fine balance - 500ml	4.95
west country cider - u.k. 500ml	4.95

starter specials

seared local scallops caramelised apple puree, hogs pudding, smoked bacon	7.95
game terrine apple & tomato chutney, toasted crostini	6.95
grilled fillet of cornish mackerel celeriac puree & remoulade	7.50

mains specials

pan fried fillets of lemon sole celeriac rosti, blue cheese compote, chilli & tomato salsa	15.95
baked salmon fillet five bean stew & cornish smoked bacon	14.50
pan fried hake lentil & spinach dahl	14.95
pan fried sea bass fillet candied beetroot & squid ink risotto	14.95
slow roasted lamb parsley mashed potato & vegetable broth	15.95
jerk chicken & pineapple pizza red cabbage coleslaw	11.95
wild boar & herb meatballs arrabiata tagliatelle	12.95



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CAFFÉ PASTA
PASTA & PIZZERIA

